



2023 ISLAND

GYMNASTICS CHAMPIONSHIP
JUNE 10 - JUNE 11, 2023

CONTACT INFORMATION

Phone (250) 286 - 3547
Email crgymnastics@gmail.com
Address 1981 14th Avenue,
Campbell River, BC
CRGA Contact Todd Sader

LEVELS OFFERED

WOMEN'S Interclub, Xcel
and CCP 1,2,3,4,5 AND 6

MEN'S P1, P2, P3 AND P4

ELIGIBILITY

Athlete Eligibility:
Athletes and clubs participating at the Island Championships must be members of Zone 6 Gymnastics (formerly known as Victoria Island Gymnastics Association) Clubs and athletes not affiliated will be denied.

Coach Eligibility:
Coaches need to be the appropriate NCCP level on the floor to coach the Levels of athletes they are coaching.

HOST CLUB

Campbell River Gymnastics Association
Home of the Springs Competitive Team



REGISTRATION FEES

Athlete Registration **before** March 29th: \$120.00
Athlete Registration **after** March 29th: \$140.00

Scratch deadline is June 3rd. All withdrawals after this date is subject to a \$20.00 admin fee provided that a medical note and a complete scratch email is sent 48 hours prior to the competition.

*** Note: registration deadline is early as we need to special order athlete gifts. Athletes registering after April may not receive a gift.

Full payment for registration of the athletes must be made by June 1st. CRGA will only accept registration and payment from clubs, not individuals. Payment can be made via cheque to "Campbell River Gymnastics Association."

Registration after June 1st may be refused.

SIZE CHART

Gildan 2000B Youth Ultra cotton T-shirt



SIZE	WIDTH	LENGTH
XS	16	20.5
S	17	22
M	18	23.5
L	19	25
XL	20	26.5

Inches

EVENT DETAILS

Music

All Clubs need to provide their own music for their athletes.

We have a stereo that you can plug a phone into or a tablet. Please also bring a CD as back up

Awards

There are no tie break rules in effect. If two athletes tie for second place they will both receive a silver medal and no bronze medal will be rewarded.

Equipment

Vault: Speith table 18.6M runway

Bars: AAI or Speith you may have the choice of bars

Beam: Speith

Floor: Moscow floor

Pommel: AAI horse and Speith mushroom

Rings: Ceiling hung Belin Top

Parallel bars: Speith

High bar: AAI

General Admission:

There will be an admission fee for viewing the Island Championships. Athletes participating do not have to pay to get in.

Child (1-6 years) Free

Youth (7-17years) \$5.00

Adult (18 and up) \$10.00

Senior (60 and up) \$5.00

Daily Family (3-5 members) \$25.00

Parking:

Free: Please use the front of the gym or the Eagles Parking lot. The back of the gym is for Coaches (back of the gym is where the storage unit and garbage bin is)

TENTATIVE SCHEDULE (Subject to change after registration numbers received)

Session 1: Saturday, June 10th

Warm up 10:00 -10:15am **CCP 2, CCP3 and MAG P1**

Session 2: Saturday, June 10th

Warm up 1:00-1:15pm **CCP4 and CCP5**

Warm up 12:45-1:15pm **MAG P2 and P3**

Session 3: Saturday June 10th

Warm up 4:45-5:00pm **CCP 6**

Session 4: Sunday, June 11th

Warm up 8:45-9:00am **WAG interclub, Xcel gold, silver, bronze**

Session 5: Sunday, June 11th

Warm up 12:00 - 12:15 pm **Xcel Platinum, Interclub II**

NEARBY ACCOMMODATIONS

Comfort Inn and Suites

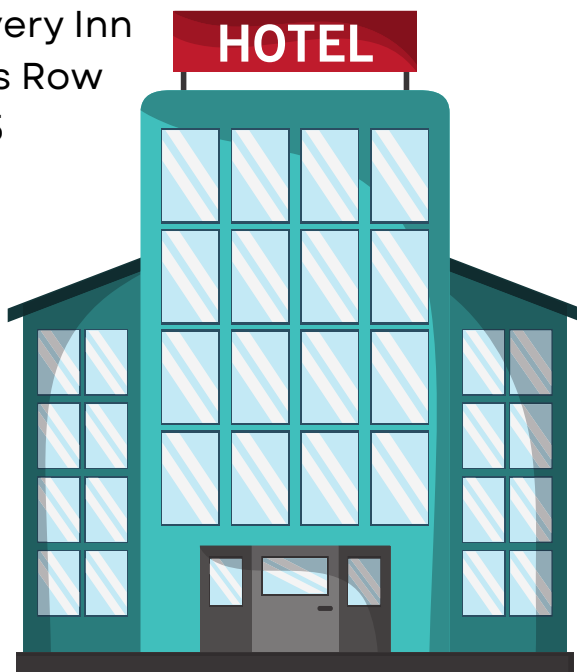
1351 Shoppers Row

250-914-5117

Coast Discovery Inn

975 Shoppers Row

250-287-7155



REFUND REQUESTS

Refunds will only be issued, provided that a medical certificate and this request for refund form is submitted to CRGA by 10:00am June 8th, 2023

A \$20.00 administration fee will be withheld for those withdrawing from the competition after June 3rd.