



Twisters Gymnastics Club

2022 TWISTERS INVITATIONAL FINAL SCHEDULE (as of February 24, 2022)
March 24 – 27, 2022

Xcel/Interclub

Thursday March 24

- Session #1** **Panel A & B – Boys Performance (6), Girls Performance (8), Gymnaestrada**
Warm Up 8:30am General Warm up 15 minutes; Event Warm up 30 secs
Competition Start 8:45am
- Session #2** **Panel A & B – Xcel Bronze (62)**
Warm Up 10:30am General Warm up 15 minutes; Event Warm up 30 secs
Competition Start 10:45am
- Session #3** **Panel A & B – Xcel Silver (93)**
Warm Up 1:00pm General Warm up 15 minutes; Event Warm up 45 secs
Competition Start 1:15pm
- Session #4** **Panel A & B – Xcel Gold (81)**
Warm Up 4:45pm General Warm up 15 minutes; Event Warm up 1 min
Competition Start 5:00pm

WAG

Friday March 25

- Session #5** **Panel A & B– WAG CCP 1 (22) & CCP 2 (20)**
Warm Up 9:00am General warm up 15 Minutes; Event Warm up 30 secs
Competition Start 9:15am
- Session #6** **Panel A & B– WAG CCP 2 (52)**
Warm Up 11:00pm General warm up 15 Minutes; Event Warm up 30 secs
Competition Start 11:15pm
- Session #7** **Panel A & B– WAG CCP 3 (61)**
Warm Up 1:30pm General warm up 15 Minutes; Event Warm up 45 secs
Competition Start 1:45pm
- Session #8** **Panel A & B– WAG CCP 4 (57) CCP 5 (17)**
Warm Up 4:15pm General Warm up 15 minutes; Event Warm up 1 min
Competition Start 4:30pm

Saturday March 26

- Session #9** **Panel A – WAG CCP 8 (29)**
Warm Up 8:00am General Warm up 15 minutes; Event Warm up 2 min
Competition Start 8:15am

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- Session #10** **Panel A – WAG CCP 8 (16), Aspire 1 & 2 (16)**
Warm Up 11:00am General Warm up 15 minutes; Event Warm up 2 min
Competition Start 11:15am
- Session #11** **Panel A – WAG CCP 9 (30)**
Warm Up 2:15pm General Warm up 20 minutes; Event Warm up 2 min
Competition Start 2:30pm
- Session #12** **Panel A – WAG CCP 10 (20), HP (10)**
Warm Up 5:30pm General Warm up 20 minutes; Event Warm up 2 min
Competition Start 5:45pm

Sunday March 27

- Session #13** **Panel A & B – WAG CCP 6 (52)**
Warm Up 8:00am General Warm up 15 minutes; Event Warm up 90 secs
Competition Start 8:15am
- Session #14** **Panel A & B – WAG CCP 6 (51)**
Warm Up 10:30am General Warm up 15 minutes; Event Warm up 90 secs
Competition Start 10:45am
- Session #15** **Panel A & B – WAG CCP 7 (70)**
Warm Up 1:30pm General Warm up 15 minutes; Event Warm up 2 mins
Competition Start 1:45pm

MAG

Saturday March 26

- Session #9** **Panel B – MAG P1 (42) & P2 (21)**
Warm Up 8:00am General Warm up 15 minutes; Event Warm up 1 touch
Competition Start 8:15am
- Session #10** **Panel B – MAG P3 (34)**
Warm Up 10:30am General Warm up 15 minutes; Event Warm up 2 touch
Competition Start 10:45am
- Session #11** **Panel B – MAG E3, E4, P4 (30)**
Warm Up 1:00pm General Warm up 20 minutes; Event Warm up 2 touch
Competition Start 1:20pm
- Session #12** **Panel B – MAG P5, Open, Jr, Sr (49)**
Warm Up 4:00pm General Warm up 90 minutes; Event Warm up 1 touch
Competition Start 5:30pm